

Week one

29/08 18/09 09/10

Monday

Choose a main meal...

Chicken (M) & (H) with Vegetable Ratatouille & Whole Meal Rice

Mega Mozzarella & Tomato Stonebaked Pizza & Potato wedges (V) or Jacket Potato with Baked Beans (A)

Packed Lunch inc. Tuna Mayo Sandwich (P)

on the side...

Sweetcorn & Green Beans

for dessert...

Individual Custard Pot (choice of banana, chocolate or strawberry)

Yoghurt with Peach Puree

Tuesday

Choose a main meal...

Pork Sausage (M) or Halal Quorn Hotdog (H) Mash and Gravy

Veggie Sausage, Mash & Gravy (V) or Tortilla Wrap with Cheese & Salad (V)

Packed Lunch inc. Turkey & Cheese Roll (P)

on the side...

Diced Swede & Baked Beans

for dessert...

Chocolate Cookies

Wednesday

Choose a main meal...

Roast Beef (M) & (H) Gravy & Bud's Crispy Spuds

Super Quorn Roast, Gravy with Bud's Crispy Spuds (V)

Jacket Potato with Tuna Mayonnaise (A)

Packed Lunch inc. Egg Mayonnaise Roll (P)

on the side...

Cabbage & Diced Carrot

for dessert...

Fruits of Forest Cake

Yoghurt with Peach Puree

Thursday

Choose a main meal...

Italian Style Cheese & Tomato Pasta (M) (H)

Vege Mince Chilli with Wholegrain Rice (V) or Jacket Potato with Cheesy Coleslaw (A)

Packed Lunch inc. Tuna Sweetcorn Sandwich (P)

on the side...

Broccoli & Sliced Carrots

for dessert...

Individual Muller Yoghurt

Friday

Choose a main meal...

Fish Fingers with chips & Ketchup (M) (H)

Roasted Vegetable Bean Wrap & Mash (V) or Jacket potato with Cheese (A)

Packed Lunch inc. Cheese Roll & Pasta Salad (P)

on the side...

Garden Peas & Baked Beans

for dessert...

Peaches & Custard

Week two

04/09 25/09 16/10

Choose a main meal...

Mega Mozzarella & Tomato Stonebaked Pizza & Potato Wedges (M) (H)

Spanish Style Vegetable Paella (V) or Jacket Potato with Baked Beans (A)

Packed Lunch inc. Tuna & Sweetcorn Sandwich (P)

on the side...

Baby Carrots & Green Beans

for dessert...

Cheese & Crackers

Yoghurt with Peach Puree

Choose a main meal...

Beef Meatballs Italian Style (M) or Halal Chicken Meatballs Italian Style (H) & Wholemeal Pasta

Veggie Balls Italian Style & Wholemeal Pasta (V) or Cheese & Tomato Wrap (A)

Packed Lunch inc. Turkey & Salad Roll (P)

on the side...

Baked Beans & Sweetcorn

for dessert...

Pineapple & Carrot Cake & Custard

Choose a main meal...

Roast Chicken (M) or (H) with Bud's Crispy Spuds

Vegetable & Potato Cheese Bake (V) or Jacket Potato with beans (A)

Packed Lunch inc. Chicken & Sweetcorn Wrap (P)

on the side...

Sliced Carrots & Broccoli

for dessert...

St Clements Cookie

Yoghurt with Peach Puree

Choose a main meal...

Chicken & Tomato Wholemeal Pasta (M) or (H)

Tomato & Vegetable Pasta Bake (V) or Jacket Potato with Baked Beans (A)

Packed Lunch inc. Tuna Mayo Sandwich (P)

on the side...

Cauliflower & Sweetcorn

for dessert...

Individual Muller Yoghurt

Choose a main meal...

Breaded Fish & Chips (M) (H)

Vege Nuggets & Chips (V) or Jacket Potato with Cheesy Coleslaw (A)

Packed Lunch Inc. Ham & Cheese Roll and Noodle Salad (P)

on the side...

Garden Peas and Baked Beans

for dessert...

Orange & Chocolate Cake & Custard

If you don't fancy dessert, you can *always* enjoy fresh fruit or yoghurt.



Week three

11/09 02/10

Choose a main meal...

Beef Burger (M) or (H) in a Bun & Jacket Wedges

Crispy Vegetable Burger In a Bun with Jacket Wedges (V) or Jacket Potato with Baked Beans (A)

Packed Lunch inc. Tuna Mayo Sandwich (P)

on the side...

Sweetcorn & Garden Peas

for dessert...

Chocolate Brownie & Custard

Choose a main meal...

Chinese Style Chicken Noodles (M) or (H)

Oriental Vegetable Noodles (M) or Jacket Potato with cheesy Coleslaw (A)

Packed Lunch inc. Humus & Falafel Wrap (P)

on the side...

Diced Carrot & Green Beans

for dessert...

Individual Muller Yoghurt

Choose a main meal...

Roast Turkey (M) or (H) Gravy with Roast Potatoes

Spanish Omelette & Roast Potatoes (V)

Jacket Potato with Tuna (A)

Packed Lunch inc. Egg Mayo Roll (P)

on the side...

Broccoli & Swede Dice

for dessert...

Fruit Jelly

Choose a main meal...

Cheese & Tomato Pizza & Potato Wedges (M) or (H)

Quorn with Vegetable Ratatouille with Wholemeal Rice (V) or Jacket Potato with cheese & Beans (A)

Packed Lunch inc. Chicken Mayo Sandwich (P)

on the side...

Cabbage & Sweetcorn

for dessert...

Tutti Frutti Cake & Custard

Choose a main meal...

Fish Fingers, Mash & ketchup (M) (H)

Quorn Hot Dog (V) or Jacket Potato with Baked Beans (A)

Packed Lunch inc. Cheese Roll & Pasta Salad (P)

on the side...

Baked Beans & Garden Peas

for dessert...

Apple & Raisin Flapjack

Packed Lunch Option during the Autumn term is Sandwich of the day (as above), crudite, dessert, a piece of fruit,

PLEASE NOTE; THE FIRST WEEK OF THE NEW TERM IS WEEK 2 ON THIS MENU

We serve freshly baked bread

M= Main; H = Halal; V = Vegetarian; A= Alternative; P = Picnic Lunch

✓ suitable for vegetarians

If your child receives or needs a special diet or allergen menu, please speak to your catering manager or contact us

There is a vegetarian choice *every day...* and don't forget that salad is available *daily*.



Keep yourself topped up with water - it will help you concentrate all day long.

