



March 2, 2020

Dear Parent/Carer,

RE: Coronavirus – Public Information and Advice

We are writing again to reassure you that the well-being of our pupils, families and staff is our highest priority and that we are continuing to follow all the latest government and NHS guidelines with regard to concerns over the potential spread of coronavirus.

Although the UK Chief Medical Officers have raised the risk to the public from low to moderate, the risk to individuals in the UK remains low at this point.

Please find some general information below.

Symptoms of Coronavirus

Typically, the symptoms of coronavirus include fever and a cough which can also lead to a shortness of breath. However, in some cases it can cause more severe breathing difficulties and can even lead to pneumonia. Such symptoms are more likely to affect the elderly, people with weakened immune systems and those with long-term and/or other underlying health conditions such as chronic lung disease.

Please be aware that the typical symptoms of coronavirus are similar to other illnesses that are much more common, such as cold and flu.

The things you can do to help stop viruses like coronavirus spreading include:

- Covering your mouth and nose with a tissue or your sleeve (not your hands, if you don't have a tissue) when you cough or sneeze and putting used tissues in the bin immediately after use
- Washing hands with soap and water regularly or using hand sanitiser gel when soap and water are not readily available. This is particularly important before leaving home, after using the toilet, before eating any food and after taking public transport
- Avoiding close contact with people who are unwell
- Regularly cleaning frequently used surfaces and disinfecting when necessary
- Avoiding touching your eyes, nose or mouth if your hands are not clean

What to do if you or a member of your family suspect that you may have the Coronavirus

If you are worried about your symptoms or those of your child, please call NHS 111. Do not go directly to your GP or other healthcare environment.

Please also notify the school with all the relevant details so that we can take any necessary action to minimise risks to our school community.

Government Guidelines

There is currently a list of countries/areas where the Government is advising people to self-isolate for 14 days even if they do not have the symptoms. This only applies to people who have returned from these locations since Wednesday 19th February 2020. If you have visited any of these areas since this time, you should call the NHS on 111 to inform them of recent travel.

These locations currently include:

- Hubei province in China
- Iran
- Lockdown areas in northern Italy
- [Special care zones in South Korea](#)

In addition, there is another list of countries/areas where the Government is also advising people to self-isolate and contact the NHS on 111, but only if they have developed symptoms (even if these are mild).

These locations currently include:

- Cambodia
- Other parts of China
- Hong Kong
- Other parts of northern Italy
- Japan
- Laos
- Macau
- Malaysia
- Myanmar
- Other parts of South Korea
- Singapore
- Taiwan
- Thailand
- Vietnam

Please be aware that further Government updates along with specific details/maps of the affected countries/areas can be found at <https://www.gov.uk/guidance/coronavirus-covid-19-information-for-the-public>

Thank you for your continued support and understanding,

Yours sincerely,



A.Coleman (Head of School)



GR Murrell (Executive Headteacher)

